

# AQUA CLASS SCHEDULE

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6am	Open Lanes	Open Lanes	Open Lanes	Open Lanes	Open Lanes	Closed
7am	Open Lanes	Open Lanes	Open Lanes	Open Lanes	Open Lanes	Closed
8:30am	Open Lanes	Aqua Fit / Marla	Open Lanes	Aqua Fit / Marla	Aqua Fit / Jiji	Open at 8
9:30am	PT Rehab	Open Lanes	PT Rehab	Open Lanes	PT Rehab	Open
10:15am	PT Rehab	PT Rehab	PT Rehab	PT Rehab	PT Rehab	Open
10:30am	PT Rehab	PT Rehab	PT Rehab	PT Rehab	PT Rehab	Open
11am	PT Rehab	PT Rehab	PT Rehab	PT Rehab	PT Rehab	Open
12:45pm	PT Rehab	Arthritis / Jiji 45 min	PT Rehab	Arthritis / Jiji 45 min	PT Rehab	Closed at Noon
1:45pm	Open Lanes	Open Lanes	Open Lanes	Open Lanes	Open Lanes	
2:30pm	Open Lanes	Open Lanes	Open Lanes	Open Lanes	Open Lanes	
2:40pm	Open Lanes	Open Lanes	Open Lanes	Open Lanes	Open Lanes	
3pm	Open Lanes	PT Rehab	Open Lanes	PT Rehab	Open Lanes	
5pm	Open Lanes	Open Lanes	Open Lanes	Open Lanes	Open Lanes	
5:30pm	Aqua Fit / Elaine 45 min	Aqua Fit / Deb 45 min	Open Lanes	Aqua Fit / Deb 45 min	Open Lanes	
6:30pm	Open Lanes	Open Lanes	Open Lanes	Open Lanes	Open Lanes	
8pm	Closed	Closed	Closed	Closed	Closed	

*the GREATEST  
WEALTH  
is HEALTH.*



*fall in love  
with taking care  
of yourself -  
mind, body, and soul*